WHAT TO PACK
for new UC Berkeley international students

IN YOUR CARRY-ON: REQUIRED ITEMS:
- Boarding pass
- Passport
- I-20 (F-1) OR DS-2019 (J-1)
- Spending money (about $500-$2,000)
- Phone (or buy in the U.S.)
- Important documents (admission letter, driver's license, transcripts, vaccination records, SEVIS fee transcript, evidence of financial support)

IN YOUR CARRY-ON: OPTIONAL
- Medicine and prescriptions*
- Charger, adapter/ converter
- Laptop/tablet
- Camera
- Travel pillow
- Earplugs
- Travel-sized toiletries
- Light jacket
- Credit card
- Reusable water bottle

IN YOUR CHECKED BAG
- Clothes (business casual, workout clothes/shoes, swimsuit, coat/jacket, undergarments)
- Eye glasses and contact lenses
- Gifts that represent your culture
- Travel-sized toiletries (for a week)
- Family photos (or other reminders of home)

Tips from Cal students
- Checked bag weight limit is normally 50 lbs (23 kg).
- Most Cal students recommend bringing about $1,000 USD.
- The average temperature in Berkeley ranges from 50-70 degrees F (10-21 C).
- Do not bring customs-prohibited items (e.g. fresh fruit, meat).
- Do not put valuable items in your checked bags.

*See CBP's website for rules regarding travel with medications, foods, or pets.
BUY IN THE U.S.

- Bed sheets & blankets
- Full-sized toiletries
- Towels
- Umbrella
- Electronics (laptop/phone)
- Clothes
- Cosmetics
- Hair dryer
- Cal gear

Check out our Arrival Guide (page 26) for more information about shopping.

bit.ly/BIO-Arrival-Guide