

WHAT TO PACK

for new UC Berkeley international students



Tips from Cal students

- Checked bag weight limit is normally 50 lbs (23 kg).
- Most Cal students recommend bringing about \$1,000 USD.
- The average temperature in Berkeley ranges from 50-70 degrees F (10-21 C).
- Do not bring customs-prohibited items (e.g. fresh fruit, meat).
- Do not put valuable items in your checked bags.

IN YOUR CARRY-ON: REQUIRED ITEMS:

- Boarding pass
- Passport
- I-20 (F-1) OR DS-2019 (J-1)
- Spending money (about \$500-\$2,000)
- Phone (or buy in the U.S.)
- Important documents (admission letter, driver's license, transcripts, vaccination records, SEVIS fee transcript, evidence of financial support)



IN YOUR CARRY-ON: OPTIONAL

- Medicine and prescriptions*
- Charger, adapter/converter
- Laptop/tablet
- Camera
- Travel pillow
- Earplugs
- Travel-sized toiletries
- Light jacket
- Credit card
- Reusable water bottle



IN YOUR CHECKED BAG

- Clothes (business casual, workout clothes/shoes, swimsuit, coat/jacket, undergarments)
- Eye glasses and contact lenses
- Gifts that represent your culture
- Travel-sized toiletries (for a week)
- Family photos (or other reminders of home)

*See CBP's website for rules regarding travel with medications, foods, or pets.

BUY IN THE U.S.



Bed sheets & blankets



Full-sized toiletries



Towels



Umbrella



Electronics
(laptop/phone)



Clothes



Cosmetics



Hair dryer



Cal gear

Check out our Arrival Guide
(page 26) for more
information about shopping.

bit.ly/BIO-Arrival-Guide

