Let’s Talk!
Drop-In Consultations

Informal, brief, free consultations with UHS mental health counselors

The counselors have expertise and competency in working with underrepresented students on campus. All counselors work with students who are experiencing symptoms of anxiety, depression, relationship concerns, and are managing the impact of living in a pandemic and remote learning.

DROPP-IN HOURS

To sign up for a Virtual Let’s Talk Consultation, 
1) Visit our virtual Let’s Talk at uhs.berkeley.edu/letstalk or scan the qr code on the right 
2) Click on the counselor’s WeJoinIn link and 
3) Follow the counselor’s instructions for signing up for a consultation slot.

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COUNSELORS

Adisa Anderson, PhD
- African American Student Development
- Men’s Issues
- Personal and Social Justice Counseling
- Students of Color

Kiet Huyinh, PhD
- LGBTQA+ topics (Q-Talk)
- Students of Color
- First Generation Students
- Coping with Discrimination, Stigma, and Prejudice

Shanta Jambotkar, LCSW
- Healing After Trauma
- LGBTQA+ Students
- SSWANA Students
- SVSH Support

Erin O’Connor, LCSW
- Trauma & Sexual Violence
- Body Image & Holistic Wellness
- Students with Basic Needs Insecurity
- Muslim Students

Sam Tourek, PhD
- Multicultural Counseling
- Men’s Issues
- Student Athletics

Chiyon Won, PsyD
- First Generation Student Concerns
- Family of Origin Issues
- Mood Disorders

COUNSELING + PSYCHOLOGICAL SERVICES
2322 Bancroft Way, 3rd Floor, Berkeley, CA 94720
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(510) 642-9494